



## Walk #1

### EAST DEAN, FRISTON AND THE SOUTH DOWNS

Distance	1.5miles (2.5kms)
Time	Approx 1 hour
Difficulty level	One steep ascent One steep descent No stiles
Description	Very pleasant rural walk across farm fields punctuated with Downland villages.





A. After leaving the car park walk past The Tiger Pub and pass through the flint wall onto Upper Street. Turn left along Upper Street and just before the Coach House turn right up the concrete driveway **(photo 1)**. Continue through the gate and up the field. Pass through gate **(photo 2)** and continue to Friston Church and onto Tapsell gate to Crowlink Lane and Friston Pond.

B. Turn left and continue to end of National Trust car park. After passing through gate **(photo 3)** follow wire fence round to left. Continue ahead ignoring the stiles on the left but look for the gate on treeline **(photo 4)** ahead.

C. After passing through gate continue through wooded area heading towards the 'red barn'. After approximately 250 yards (225m) look out for the waymarker on left **(photo 5)**.

D. Bear left down through the woods until you reach the lane with Underhill House on the right **(photo 6)**.

E. Continue along Went Way which brings you back to the Village Green and car park.

